

Results summary

Men, Long Course (50m)

	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
Berman Stefán Elías		8.10.2003	081003-4080					
	50 Freestyle	3	26.93	F 93%	100 Freestyle	2	59.93	F 90%
	50 Freestyle	3	26.78	94%	100 Freestyle	2	57.84	96%
Gunnarsson Már		19.11.1999	191199-2869					
	50 Backstroke	6	33.67	104% PB	100 Backstroke	4	1:13.98	97%
	100 Backstroke	4	1:13.49	F 99%				
Halldórsson Kári Snær		13.1.2004	130104-3470					
	50 Breaststroke	1	32.44	F 102% PB	100 Breaststroke	1	1:13.14	F 96%
	50 Breaststroke	1	33.12	97%	100 Breaststroke	1	1:14.82	92%
Hauksson Fannar Snævar		7.9.2004	070904-3140					
	50 Freestyle	1	25.60	F 100% PB	100 Backstroke	1	1:03.01	F 99%
	50 Freestyle	1	25.12	104% PB	100 Backstroke	1	1:02.40	101% PB
Jónsson Alexander Logi		17.11.2004	171104-3270					
	50 Breaststroke	2	33.02	F 107% PB	100 Butterfly	2	1:03.80	F 109% PB
	50 Breaststroke	2	33.81	102% PB	100 Butterfly	2	1:06.05	101% PB
Kristínarson Aron Fannar		14.6.2003	140603-3330					
	50 Backstroke	2	30.31	F 107% PB	100 Backstroke	3	1:05.57	F 100% PB
	50 Backstroke	2	30.28	107% PB	100 Backstroke	3	1:05.18	101% PB
Ómarsson Flosi		4.9.2003	040903-2240					
	50 Backstroke	3	30.72	F 95%	50 Butterfly	1	29.59	F 94%
	50 Backstroke	3	31.11	93%	50 Butterfly	2	30.33	89%
Rafnsson Guðmundur Leo		16.8.2006	160806-3540					
	50 Freestyle	5	29.13	F 119% PB	100 Freestyle	4	1:06.13	F 110% PB
	50 Freestyle	4	28.88	122% PB	100 Freestyle	4	1:04.28	116% PB
Reynisson Jakob Ingi		23.2.2006	230206-2440					
	50 Freestyle	5	29.03	113% PB	100 Freestyle	5	1:05.11	118% PB
Sigurmundsson Gabríel Þór		22.6.2003	220603-2370					
	50 Freestyle	4	28.11	F 106% PB	50 Breaststroke	3	35.94	F 111% PB
	50 Freestyle	6	29.40	97%	50 Breaststroke	3	38.27	97%

Total 37 individual results, average performance: 102,1%

0 new record(s), 21 new personal best(s)

Biggest improvement: Rafnsson Guðmundur Leo, 50 Freestyle 28.88

Results summary

Women, Long Course (50m)

	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
Aðalsteinsdóttir Þórdís M			15.12.2003	151203-2050				
	50 Freestyle	9	34.09	F 89%	100 Freestyle	8	1:16.30	F 87%
	50 Freestyle	9	35.50	82%	100 Freestyle	9	1:18.71	82%
Arngeldsdóttir Rebekka Marín			22.9.2005	220905-2840				
	50 Butterfly	3	33.57	F 82%	100 Butterfly	2	1:14.56	F 108% PB
	50 Butterfly	4	34.74	77%	100 Butterfly	2	1:17.76	99%
Arnlaugsdóttir Þórey Una			11.9.2006	110906-4040				
	50 Freestyle	7	32.77	F 103% PB	100 Backstroke	2	1:21.27	F 100% PB
	50 Freestyle	7	32.87	103% PB	100 Backstroke	2	1:21.93	99%
Ásbjörnsdóttir Sunneva Bergmann			13.1.2007	130107-3030				
	50 Breaststroke	2	39.78	F 101% PB	100 Breaststroke	2	1:27.83	F 102% PB
	50 Breaststroke	2	39.11	105% PB	100 Breaststroke	3	1:27.16	104% PB
Baldursdóttir Sólvieg María			4.1.2004	040104-2160				
	50 Butterfly	2	31.68	F 105% PB	100 Butterfly	1	1:11.76	F 104% PB
	50 Butterfly	3	33.39	95%	100 Butterfly	1	1:15.15	95%
Brynjarsdóttir Katla María			15.4.2007	150407-2650				
	50 Freestyle	3	31.78	F 100%	100 Freestyle	2	1:07.19	F 109% PB
	50 Freestyle	3	31.06	105% PB	100 Freestyle	3	1:08.04	107% PB
Brynjarsdóttir Natalía Dögg			13.12.2007	131207-3280				
	100 Freestyle	4	1:11.50	F 104% PB	100 Breaststroke	4	1:38.69	101% PB
	100 Freestyle	5	1:12.67	100% PB	50 Butterfly	4	36.23	F 106% PB
	100 Breaststroke	4	1:39.30	F 100%	50 Butterfly	5	34.91	114% PB
Einarsdóttir Thelma Lind			26.1.2005	260105-3450				
	50 Backstroke	2	39.20	83%	100 Butterfly	5	1:23.04	80%
	50 Butterfly	7	37.31	88%				
Falsdóttir Eva Margrét			5.6.2005	050605-3020				
	50 Freestyle	2	28.80	F 101% PB	100 Breaststroke	1	1:14.91	F 98%
	50 Freestyle	2	29.75	95%	100 Breaststroke	1	1:19.61	87%
Jóhannesdóttir Elísabet			12.12.2006	121206-3070				
	100 Freestyle	2	1:07.51	99%	50 Butterfly	2	32.91	104% PB
Prastardóttir Athena Líf			24.7.2007	240707-2410				
	50 Freestyle	4	32.24	F 97%	100 Freestyle	3	1:10.47	F 114% PB
	50 Freestyle	4	32.08	98%	100 Freestyle	4	1:11.00	112% PB

Total 43 individual results, average performance: 98,2%

0 new record(s), 22 new personal best(s)

Biggest improvement: Brynjarsdóttir Natalía Dögg, 50 Butterfly 34.91