

Results summary

Men, Long Course (50m)

	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
Berman Stefán Elías		8.10.2003	081003-4080					
	50 Freestyle	7	26.14	F 98%	100 Freestyle	4	56.72	100%
	50 Freestyle	6	25.79	101% PB	200 Freestyle	7	2:07.04	F 102% PB
	100 Freestyle	4	55.90	F 103% PB	200 Freestyle	5	2:06.87	102% PB
Gunnarsson Már		19.11.1999	191199-2869					
	50 Backstroke	7	32.88	F 105% PB	100 Backstroke	9	1:12.03	103% PB
	50 Backstroke	9	33.87	99%	200 Backstroke	6	2:35.79	F 98%
	100 Backstroke	8	1:12.57	F 101% PB	200 Backstroke	6	2:36.01	98%
Halldórsson Kári Snær		13.1.2004	130104-3470					
	50 Breaststroke	3	31.97	F 103% PB	100 Breaststroke	4	1:11.96	99%
	50 Breaststroke	3	32.13	102% PB	50 Butterfly	7	29.42	F 116% PB
	100 Breaststroke	4	1:11.33	F 101% PB	50 Butterfly	5	29.26	117% PB
Hauksson Fannar Snævar		7.9.2004	070904-3140					
	50 Freestyle	3	25.11	F 100% PB	100 Butterfly	2	59.22	97%
	50 Freestyle	3	25.14	100%	200 Butterfly	1	2:14.02	F 103% PB
	100 Butterfly	1	57.77	F 102% PB	200 Butterfly	1	2:17.71	98%
Jónsson Alexander Logi		17.11.2004	171104-3270					
	200 Butterfly	3	2:20.09	F 99%	200 Medley	2	2:16.14	110% PB
	200 Butterfly	3	2:19.57	100% PB	400 Medley	4	4:54.70	99%
	200 Medley	4	2:18.26	F 107% PB				
Kristínarson Aron Fannar		14.6.2003	140603-3330					
	200 Backstroke	3	2:18.57	F 108% PB	200 Medley	3	2:17.66	104% PB
	200 Backstroke	3	2:21.69	103% PB	400 Medley	2	4:49.76	102% PB
	200 Medley	2	2:15.20	F 108% PB				
Ómarsson Flosi		4.9.2003	040903-2240					
	50 Backstroke	3	29.90	F 100% PB	50 Butterfly	3	28.14	F 104% PB
	50 Backstroke	5	30.50	97%	50 Butterfly	3	28.86	99%
Rafnsson Guðmundur Leo		16.8.2006	160806-3540					
	100 Backstroke	8	1:11.92	117% PB	200 Backstroke	5	2:32.83	117% PB
	200 Backstroke	5	2:31.63	F 119% PB	50 Butterfly	9	31.60	109% PB
Reynisson Jakob Ingi		23.2.2006	230206-2440					
	50 Freestyle	21	28.83	101% PB	200 Freestyle	29	2:24.81	97%
	100 Freestyle	24	1:04.55	102% PB				
Sigurmundsson Gabriel Þór		22.6.2003	220603-2370					
	100 Freestyle	17	1:01.35	99%	50 Breaststroke	7	35.28	F 104% PB
	200 Freestyle	17	2:13.05	99%	50 Breaststroke	8	35.26	104% PB

Total 49 individual results, average performance: 103,2%

0 new record(s), 33 new personal best(s)

Biggest improvement: Rafnsson Guðmundur Leo, 200 Backstroke 2:31.63

Results summary

Women, Long Course (50m)

	Distance,Stroke	Pl.	Time	RoundDiff.	Distance,Stroke	Pl.	Time	RoundDiff.
Arngeirsdóttir Rebekka Marín	22.9.2005		220905-2840					
	50 Breaststroke	2	37.34 F	105% PB	100 Breaststroke	4	1:22.96	103% PB
	50 Breaststroke	3	38.12	101% PB	200 Breaststroke	4	2:56.79 F	105% PB
	100 Breaststroke	4	1:22.34 F	105% PB	200 Breaststroke	5	3:01.95	99%
Arnlaugsdóttir Þórey Una	11.9.2006		110906-4040					
	50 Backstroke	7	36.73 F	103% PB	100 Backstroke	15	1:20.48	102% PB
	50 Backstroke	9	37.28	100%	200 Backstroke	10	2:51.82	99%
Ásbjörnsdóttir Sunneva Bergmann	13.1.2007		130107-3030					
	400 Freestyle	5	4:50.05 F	114% PB	800 Freestyle	6	10:03.36	PB
	400 Freestyle	4	4:49.67	115% PB	200 Breaststroke	10	3:06.14	104% PB
Baldursdóttir Sólveig María	4.1.2004		040104-2160					
	200 Butterfly	2	2:35.96 F	109% PB	200 Medley	3	2:35.58	109% PB
	200 Butterfly	1	2:38.98	105% PB	400 Medley	2	5:28.24	108% PB
	200 Medley	4	2:36.07 F	109% PB				
Brynjarsdóttir Katla María	15.4.2007		150407-2650					
	400 Freestyle	6	4:51.09 F	106% PB	800 Freestyle	3	9:51.25	108% PB
	400 Freestyle	6	4:54.05	104% PB	100 Backstroke	11	1:17.40	98%
Brynjarsdóttir Natalia Dögg	13.12.2007		131207-3280					
	50 Butterfly	12	37.23	88%	200 Butterfly	6	2:49.45 F	112% PB
	100 Butterfly	11	1:20.38	104% PB	200 Butterfly	4	2:51.67	109% PB
Einarsdóttir Thelma Lind	26.1.2005		260105-3450					
	50 Butterfly	8	35.82	96%				
Falsdóttir Eva Margrét	5.6.2005		050605-3020					
	400 Freestyle	2	4:30.96 F	106% PB	200 Breaststroke	1	2:39.24	97%
	400 Freestyle	2	4:37.05	102% PB	400 Medley	1	5:03.37	105% PB
	200 Breaststroke	1	2:37.57 F	99%				
Ívarsdóttir Diljá Rún	1.4.2002		010402-2470					
	50 Backstroke	12	38.29	87%	50 Butterfly	6	33.09	91%
	50 Butterfly	5	32.85 F	92%				
Jóhannesdóttir Elísabet	12.12.2006		121206-3070					
	50 Freestyle	8	29.92 F	110% PB	100 Backstroke	5	1:12.86 F	111% PB
	50 Freestyle	8	29.99	109% PB	100 Backstroke	5	1:13.55	109% PB
	800 Freestyle	4	10:00.01	118% PB				
Prastardóttir Athena Líf	24.7.2007		240707-2410					
	100 Backstroke	7	1:16.62 F	106% PB	200 Backstroke	6	2:42.17	105% PB
	100 Backstroke	9	1:16.95	106% PB	100 Butterfly	8	1:15.38 F	108% PB
	200 Backstroke	6	2:41.31 F	106% PB	100 Butterfly	8	1:16.93	104% PB

Total 47 individual results, average performance: 104,1%

0 new record(s), 36 new personal best(s)

Biggest improvement: Jóhannesdóttir Elísabet, 800 Freestyle 10:00.01