



Afrekaskrá ÍRÞ

Grein		Methafi í 25m		Tími		Dags		Methafi í 50m		Tími		Dags	
Karlar													
25 Skríð		Guðmundur Leo Rafnsson	NJD	00:11.47	25.11.2025								
50 Skríð		Árni Már Arnason	NJD	00:22.29	19.11.2009	Árni Már Arnason	NJD	00:22.53	6.6.2012				
100 Skríð		Örn Arnarson	KEF	00:48.57	14.12.2003	Örn Arnarson	KEF	00:50.59	23.7.2003				
200 Skríð		Guðmundur Leo Rafnsson	NJD	01:48.75	9.11.2025	Birkir Már Jónsson	KEF	01:53.52	19.3.2009				
400 Skríð		Kristófer Sigurðsson	KEF	03:51.23	14.11.2014	Þröstur Bjarnason	KEF	04:02.92	35.04.2019				
800 Skríð		Þröstur Bjarnason	KEF	08:17.00	11/14/2015	Þröstur Bjarnason	KEF	08:27.55	4/9/2017				
1500 Skríð		Þröstur Bjarnason	KEF	15:45.88	20.11.2016	Þröstur Bjarnason	KEF	16:09.24	4/8/2017				
25 Bak		Fannar Snaevur Hauksson	NJD	00:12.81	07.12.2023								
50 Bak		Örn Arnarson	KEF	00:24.47	12.12.2003	Örn Arnarson	KEF	00:26.18	26.7.2003				
100 Bak		Örn Arnarson	KEF	00:51.74	14.12.2003	Örn Arnarson	KEF	00:55.47	21.7.2003				
200 Bak		Örn Arnarson	KEF	01:53.40	11.12.2003	Guðmundur Leo Rafnsson	NJD	02:02.08	11.4.2025				
25 Brinqa		Guðmundur Leo Rafnsson	NJD	00:14.02	25.11.2025								
50 Brinqa		Árni Már Arnason	NJD	00:27.52	14.5.2009	Árni Már Arnason	NJD	00:28.70	12.4.2012				
100 Brinqa		Árni Már Arnason	NJD	01:00.33	19.11.2009	Árni Már Arnason	NJD	01:02.51	12.4.2012				
200 Brinqa		Árni Már Arnason	NJD	02:16.76	15.11.2007	Árni Már Arnason	NJD	02:18.99	1.12.2011				
25 Fluq		Guðmundur Leo Rafnsson	NJD	00:12.01	25.11.2025								
50 Fluq		Örn Arnarson	KEF	00:24.09	2003	David Hildberg Aðalsteinsson	KEF	00:24.83	4/9/2017				
100 Fluq		Sindri Þór Jakobsson	NJD	00:53.59	11.11.2009	Sindri Þór Jakobsson	NJD	00:55.67	11.7.2009				
200 Fluq		Sindri Þór Jakobsson	NJD	01:57.21	12.12.2009	Sindri Þór Jakobsson	NJD	02:02.97	9.7.2009				
100 Fjór		Fannar Snaevur Hauksson	NJD	00:55.01	08.11.2024								
200 Fjór		Örn Arnarson	KEF	01:57.91	21.3.2003	Örn Arnarson	KEF	02:06.87	2.6.2003				
400 Fjór		Örn Arnarson	KEF	04:13.03	21.3.2003	Sindri Þór Jakobsson	NJD	04:34.92	13.7.2009				
Piltar (16 - 18)													
25 Skríð		Denas Kazulis	KEF	00:11.48	25.11.2025								
50 Skríð		Denas Kazulis	NJD	00:22.56	06.12.2025	Denas Kazulis	NJD	00:23.96	11.4.2025				
100 Skríð		Guðmundur Leo Rafnsson	NJD	00:49.71	21.12.2024	Guðmundur Leo Rafnsson	NJD	00:52.27	13.4.2024				
200 Skríð		Guðmundur Leo Rafnsson	NJD	01:50.31	21.12.2024	Birkir Már Jónsson	KEF	01:57.98	23.1.2004				
400 Skríð		Guðmundur Leo Rafnsson	NJD	03:58.38	28.09.2024	Þröstur Bjarnason	KEF	04:11.63	11.4.2014				
800 Skríð		Þröstur Bjarnason	KEF	08:22.53	14.11.2014	Þröstur Bjarnason	KEF	08:36.11	28.6.2014				
1500 Skríð		Þröstur Bjarnason	KEF	15:51.16	22.11.2013	Þröstur Bjarnason	KEF	16:14.96	7.2.2014				
25 Bak		Guðmundur Leo Rafnsson	NJD	00:12.81	07.12.2023								
50 Bak		Guðmundur Leo Rafnsson	NJD	00:24.99	09.11.2024	Guðmundur Leo Rafnsson	NJD	00:26.66	2.07.2024				
100 Bak		Guðmundur Leo Rafnsson	NJD	00:52.69	10.12.2024	Guðmundur Leo Rafnsson	NJD	00:56.95	14.4.2024				
200 Bak		Guðmundur Leo Rafnsson	NJD	01:55.27	15.12.2024	Guðmundur Leo Rafnsson	NJD	02:03.01	12.4.2024				
25 Brinqa		Kári Snær Halldórsson	NJD	00:14.47	29.11.2022								
50 Brinqa		Jón Oddur Sigurðsson	NJD	00:28.47	8.12.2021	Jón Oddur Sigurðsson	NJD	00:29.44	07.7.2001				
100 Brinqa		Guðni Emlisson	KEF	01:02.99	3.12.2006	Kári Snær Halldórsson	NJD	01:07.81	8.04.2022				
200 Brinqa		Guðni Emlisson	KEF	02:17.25	2.12.2006	Gunnar Örn Arnarson	NJD	02:25.26	29.5.2009				
25 Fluq		Guðmundur Leo Rafnsson	NJD	00:12.03	21.11.2024								
50 Fluq		Fannar Snaevur Hauksson	NJD	00:24.55	30.10.2022	Fannar Snaevur Hauksson	NJD	00:25.44	29.05.2022				
100 Fluq		Fannar Snaevur Hauksson	NJD	00:55.04	18.11.2022	Fannar Snaevur Hauksson	NJD	00:56.69	38.04.2022				
200 Fluq		Sindri Þór Jakobsson	NJD	01:57.21	12.12.2009	Sindri Þór Jakobsson	NJD	02:07.75	31.7.2008				
100 Fjór		Fannar Snaevur Hauksson	NJD	00:57.52	29.10.2022								
200 Fjór		Daði Rafn Fálsson	KEF	02:06.35	8.11.2025	Gunnar Örn Arnarson	NJD	02:13.39	29.5.2009				
400 Fjór		Gunnar Örn Arnarson	NJD	04:29.02	19.11.2009	Sindri Þór Jakobsson	NJD	04:41.42	10.7.2008				
Drengir (13 & 15)													
25 Skríð		Denas Kazulis	NJD	00:12.27	07.12.2023								
50 Skríð		Denas Kazulis	NJD	00:24.57	10.11.2023	Denas Kazulis	NJD	00:25.17	19.2.2024				
100 Skríð		Denas Kazulis	NJD	00:53.20	16.12.2023	Denas Kazulis	NJD	00:56.02	10.06.2023				
200 Skríð		Denas Kazulis	NJD	01:57.18	16.12.2023	Denas Kazulis	NJD	02:03.72	4/2/2023				
400 Skríð		Denas Kazulis	NJD	04:10.32	10.11.2023	Denas Kazulis	NJD	04:25.85	11.04.2023				
800 Skríð		Denas Kazulis	NJD	08:41.35	12.11.2023	Denas Kazulis	NJD	09:22.28	11.3.2023				
1500 Skríð		Baldvin Sigmarsson	KEF	16:45.55	18.11.2011	Denas Kazulis	NJD	17:40.77	1.3.2023				
25 Bak		Fannar Snaevur Hauksson	NJD	00:14.18	29.11.2018								
50 Bak		Fannar Snaevur Hauksson	NJD	00:28.75	11/10/2018	Fannar Snaevur Hauksson	NJD	00:30.00	22.04.2018				
100 Bak		Fannar Snaevur Hauksson	NJD	01:01.81	11/10/2018	Fannar Snaevur Hauksson	NJD	01:06.20	11.04.2018				
200 Bak		Daði Rafn Fálsson	KEF	02:12.16	10.11.2023	Daði Rafn Fálsson	KEF	02:24.94	31.04.2023				
25 Brinqa		Nikolai Leo Jónsson	KEF	00:15.23	07.12.2023								
50 Brinqa		Nikolai Leo Jónsson	KEF	00:30.41	11.11.2023	Nikolai Leo Jónsson	KEF	00:32.00	19.12.2023				
100 Brinqa		Nikolai Leo Jónsson	KEF	01:07.83	10.10.2023	Nikolai Leo Jónsson	KEF	01:11.72	21.04.2024				
200 Brinqa		Nikolai Leo Jónsson	KEF	02:27.30	24.06.2023	Nikolai Leo Jónsson	KEF	02:35.10	13.05.2023				
25 Fluq		Fannar Snaevur Hauksson	NJD	00:13.17	29.11.2018								
50 Fluq		Fannar Snaevur Hauksson	NJD	00:27.21	11/11/2018	Baldvin Sigmarsson	KEF	00:28.82	26.11.2011				
100 Fluq		Fannar Snaevur Hauksson	NJD	01:00.32	11/11/2018	Baldvin Sigmarsson	KEF	01:03.83	3.12.2011				
200 Fluq		Baldvin Sigmarsson	KEF	02:13.08	10.11.2011	Baldvin Sigmarsson	KEF	02:20.62	26.11.2011				
100 Fjór		Baldvin Sigmarsson	KEF	01:03.33	10.11.2011								
200 Fjór		Daði Rafn Fálsson	KEF	02:11.34	11.11.2023	Daði Rafn Fálsson	KEF	02:20.91	12.04.2023				
400 Fjór		Daði Rafn Fálsson	KEF	04:38.54	12.11.2023	Daði Rafn Fálsson	KEF	04:59.93	26.11.2011				
Sveinar (11 & 12)													
25 Skríð		Fannar Snaevur Hauksson	NJD	00:14.55	30.11.2016								
50 Skríð		Denas Kazulis	NJD	00:28.99	9/19/2020	Denas Kazulis	NJD	00:30.57	2/29/2020				
100 Skríð		Guðni Emlisson	KEF	01:02.70	2001	Denas Kazulis	NJD	01:06.61	2/15/2020				
200 Skríð		Árni Þór Pálmarson	KEF	02:17.67	15.12.2021	Árni Þór Pálmarson	KEF	02:23.99	16.12.2021				
400 Skríð		Denas Kazulis	NJD	04:52.56	3.7.2020	Eiríkur Ingi Ólafsson	KEF	05:24.34	26.11.2011				
800 Skríð		Gunnar Örn Arnarson	NJD	01:10.41	5.11.2004	Eiríkur Ingi Ólafsson	KEF	11:00.40	3.12.2011				
1500 Skríð		Gunnar Örn Arnarson	NJD	19:04.91	5.11.2004	Eiríkur Ingi Ólafsson	KEF	20:43.28	3.12.2011				
25 Bak		Fannar Snaevur Hauksson	NJD	00:16.65	30.11.2016								
50 Bak		Fannar Snaevur Hauksson	NJD	00:33.83	11/5/2016	Árni Þór Pálmarson	KEF	00:35.20	16.12.2021				
100 Bak		Fannar Snaevur Hauksson	NJD	01:11.63	30.10.2016	Denas Kazulis	NJD	01:19.21	2/15/2020				
200 Bak		Fannar Snaevur Hauksson	NJD	02:34.66	05.11.2016	Denas Kazulis	NJD	02:47.95	2/16/2020				
25 Brinqa		Kári Snær Halldórsson	NJD	00:19.05	30.11.2016								
50 Brinqa		Guðni Emlisson	KEF	00:34.68	2001	Ingi Rúnar Arnarson	KEF	00:39.86	18.2.2005				
100 Brinqa		Guðni Emlisson	KEF	01:16.89	2001	Gunnar Örn Arnarson	NJD	01:24.54	11.06.2008				
200 Brinqa		Gunnar Örn Arnarson	NJD	02:43.38	20.11.2004	Siomar Maríon Friðriksson	NJD	03:10.77	14.12.2013				
25 Fluq		Fannar Snaevur Hauksson	NJD	00:15.40	30.11.2016								
50 Fluq		Guðmundur Óskar Unnarsson	NJD	00:32.24	1995	Gísla Kristinn Traustason	NJD	00:33.05	19.2.2021				
100 Fluq		Hróbjartur Sigríðsson	KEF	01:13.25	30.11.2002	Denas Kazulis	NJD	01:19.37	2/16/2020				
200 Fluq		Hermann Ragnar Unnarsson	NJD	02:43.27	17.10.1998	Denas Kazulis	NJD	02:54.09	3/1/2020				
100 Fjór		Gunnar Örn Arnarson	NJD	01:13.67	2.10.2004								
200 Fjór		Gunnar Örn Arnarson	NJD	02:34.83	19.11.2004	Árni Þór Pálmarson	KEF	02:45.91	16.12.2021				
400 Fjór		Guðni Emlisson	KEF	05:34.90	10.10.2001	Fannar Snaevur Hauksson	NJD	05:52.58	15.12.2016				
Hnökkar (9 & 10)													
25 Skríð		Denas Kazulis	NJD	00:15.14	29.11.2018								
50 Skríð		Denas Kazulis	NJD	00:31.85	27.10.2018	Denas Kazulis	NJD	00:32.52	18.12.2018				
100 Skríð		Kristinn Freyr Guðmundsson	KEF	01:12.70	23.11.2024	Denas Kazulis	NJD	01:11.67	18.12.2018				
200 Skríð		Denas Kazulis	NJD	02:37.07	9/22/2018	Árni Þór Pálmarson	KEF	02:47.97	12.12.2019				
400 Skríð		Denas Kazulis	NJD	05:33.79	22.06.2018	Tristan Þór K Wium	KEF	05:46.25	8.12.2012				
800 Skríð		Denas Kazulis	NJD	11:46.83	24.06.2018	Tristan Þór K Wium	KEF	12:52.78	24.11.2012				
1500 Skríð		Kári Snær Halldórsson	NJD	24:00.80	5.12.2014	Tristan Þór K Wium	KEF	24:11.29	24.11.2012				
25 Bak		Denas Kazulis											