

Afrekaskrá UMFN

Grein	Methafi í 25m	Tími	Dags	Methafi í 50m	Tími	Dags
Karlar						
25 Skríð	Guðmundur Leo Rafnsson	NJD	00:11.47 25.11.2025	Arni Már Arnason	NJD	00:22.53 6.6.2012
50 Skríð	Arni Már Arnason	NJD	00:22.29 19.11.2009	Arni Már Arnason	NJD	00:50.89 5.6.2012
100 Skríð	Guðmundur Leo Rafnsson	NJD	00:49.25 08.11.2025	Guðmundur Leo Rafnsson	NJD	01:57.07 29.05.2025
200 Skríð	Guðmundur Leo Rafnsson	NJD	01:45.75 09.11.2025	Guðmundur Leo Rafnsson	NJD	04:06.14 2.6.2009
400 Skríð	Sindri Þór Jakobsson	NJD	03:54.56 27.11.2009	Sindri Þór Jakobsson	NJD	08:37.87 14.7.2009
800 Skríð	Sindri Þór Jakobsson	NJD	08:21.17 18.3.2010	Sindri Þór Jakobsson	NJD	16:17.74 5.6.2009
1500 Skríð	Sindri Þór Jakobsson	NJD	15:56.25 28.11.2009			
25 Bak	Fannar Snaevær Hauksson	NJD	00:12.81 07.12.2023			
50 Bak	Guðmundur Leo Rafnsson	NJD	00:24.76 07.11.2025	Guðmundur Leo Rafnsson	NJD	00:26.55 28.05.2025
100 Bak	Guðmundur Leo Rafnsson	NJD	00:52.69 10.12.2024	Guðmundur Leo Rafnsson	NJD	00:56.35 29.05.2025
200 Bak	Guðmundur Leo Rafnsson	NJD	01:54.99 07.11.2025	Guðmundur Leo Rafnsson	NJD	02:02.08 11.4.2025
25 Brínga	Guðmundur Leo Rafnsson	NJD	00:14.02 25.11.2025			
50 Brínga	Arni Már Arnason	NJD	00:27.52 14.5.2009	Arni Már Arnason	NJD	00:28.70 12.4.2012
100 Brínga	Arni Már Arnason	NJD	01:00.33 19.11.2009	Arni Már Arnason	NJD	01:02.51 12.4.2012
200 Brínga	Arni Már Arnason	NJD	02:16.76 15.11.2007	Arni Már Arnason	NJD	02:18.99 1.12.2011
25 Flúg	Guðmundur Leo Rafnsson	NJD	00:12.01 25.11.2025			
50 Flúg	Fannar Snaevær Hauksson	NJD	00:24.10 10.11.2024	Fannar Snaevær Hauksson	NJD	00:24.93 25.5.2024
100 Flúg	Sindri Þór Jakobsson	NJD	00:53.59 11.11.2009	Sindri Þór Jakobsson	NJD	00:55.67 11.7.2009
200 Flúg	Sindri Þór Jakobsson	NJD	01:57.21 12.12.2009	Sindri Þór Jakobsson	NJD	02:02.97 8
100 Fjór	Fannar Snaevær Hauksson	NJD	00:50.61 01.08.2024			
200 Fjór	Sindri Þór Jakobsson	NJD	02:01.96 14.11.2009	Eðvarð Þór Eðvarðsson	NJD	02:10.18 24.9.1988
400 Fjór	Guðmundur Leo Rafnsson	NJD	04:25.60 9.05.2025	Sindri Þór Jakobsson	NJD	04:34.92 13.7.2009
Piltar (16 - 18)						
25 Skríð	Denas Kazulis	NJD	00:11.48 25.11.2025	Guðmundur Leo Rafnsson	NJD	00:24.01 12.4.2024
50 Skríð	Denas Kazulis	NJD	00:22.56 06.12.2025	Guðmundur Leo Rafnsson	NJD	00:52.27 13.4.2024
100 Skríð	Guðmundur Leo Rafnsson	NJD	00:49.71 21.12.2024	Denas Kazulis	NJD	01:58.98 1.07.2025
200 Skríð	Guðmundur Leo Rafnsson	NJD	01:50.31 21.12.2024	Denas Kazulis	NJD	04:20.95 10.02.2024
400 Skríð	Guðmundur Leo Rafnsson	NJD	03:58.38 28.09.2024	Sindri Þór Jakobsson	NJD	08:50.88 10.7.2008
800 Skríð	Sindri Þór Jakobsson	NJD	08:29.17 29.11.2008	Sindri Þór Jakobsson	NJD	16:35.00 11.7.2008
1500 Skríð	Sindri Þór Jakobsson	NJD	15:57.19 29.11.2008			
25 Bak	Fannar Snaevær Hauksson	NJD	00:13.10 29.11.2022	Guðmundur Leo Rafnsson	NJD	00:26.66 2.02.2024
50 Bak	Guðmundur Leo Rafnsson	NJD	00:24.69 10.11.2024	Guðmundur Leo Rafnsson	NJD	00:56.95 14.4.2024
100 Bak	Guðmundur Leo Rafnsson	NJD	00:52.69 10.12.2024	Guðmundur Leo Rafnsson	NJD	02:03.01 12.4.2024
200 Bak	Guðmundur Leo Rafnsson	NJD	01:55.27 15.12.2024			
25 Brínga	Kári Snaer Halldórsson	NJD	00:14.47 29.11.2022	Jón Oddur Siourðsson	NJD	00:29.44 7.7.2001
50 Brínga	Jón Oddur Siourðsson	NJD	00:28.47 12/8/2001	Kári Snaer Halldórsson	NJD	01:07.81 8.04.2022
100 Brínga	Jón Oddur Siourðsson	NJD	01:03.07 2001	Gunnar Örn Arnarson	NJD	02:25.26 29.5.2009
200 Brínga	Jón Oddur Siourðsson	NJD	02:22.55 2001			
25 Flúg	Fannar Snaevær Hauksson	NJD	00:12.39 29.11.2022	Fannar Snaevær Hauksson	NJD	00:25.44 29.05.2022
50 Flúg	Fannar Snaevær Hauksson	NJD	00:24.55 30.10.2022	Fannar Snaevær Hauksson	NJD	00:56.69 08.04.2022
100 Flúg	Fannar Snaevær Hauksson	NJD	00:55.04 18.11.2022	Sindri Þór Jakobsson	NJD	02:07.75 3.17.2008
200 Flúg	Fannar Snaevær Hauksson	NJD	02:00.63 24.11.2022			
100 Fjór	Fannar Snaevær Hauksson	NJD	00:57.32 29.10.2022	Gunnar Örn Arnarson	NJD	02:13.39 29.5.2009
200 Fjór	Sindri Þór Jakobsson	NJD	02:08.32 17.4.2008	Sindri Þór Jakobsson	NJD	04:41.42 10.7.2008
400 Fjór	Gunnar Örn Arnarson	NJD	04:29.02 19.11.2009			
Drengir (13 & 15)						
25 Skríð	Denas Kazulis	NJD	00:12.27 07.12.2023	Denas Kazulis	NJD	00:25.17 19.12.2023
50 Skríð	Denas Kazulis	NJD	00:24.57 10.11.2023	Denas Kazulis	NJD	00:56.02 10.06.2023
100 Skríð	Denas Kazulis	NJD	00:53.20 16.12.2023	Denas Kazulis	NJD	02:03.72 4/3/2023
200 Skríð	Denas Kazulis	NJD	01:57.18 16.12.2023	Denas Kazulis	NJD	04:25.85 01.04.2023
400 Skríð	Denas Kazulis	NJD	04:10.32 10.11.2023	Denas Kazulis	NJD	09:22.28 11.3.2023
800 Skríð	Denas Kazulis	NJD	08:41.35 12.11.2023	Denas Kazulis	NJD	17:40.77 11.3.2023
1500 Skríð	Denas Kazulis	NJD	17:20.82 19.11.2022			
25 Bak	Fannar Snaevær Hauksson	NJD	00:14.18 29.11.2022	Fannar Snaevær Hauksson	NJD	00:30.00 22.04.2018
50 Bak	Fannar Snaevær Hauksson	NJD	00:28.75 11/10/2018	Fannar Snaevær Hauksson	NJD	01:06.20 21.04.2018
100 Bak	Fannar Snaevær Hauksson	NJD	01:01.81 11/10/2018	Fannar Snaevær Hauksson	NJD	02:27.00 20.04.2018
200 Bak	Fannar Snaevær Hauksson	NJD	02:16.06 11/9/2018			
25 Brínga	Denas Kazulis	NJD	00:10.54 29.11.2022			
50 Brínga	Gunnar Örn Arnarson	NJD	00:32.79 17.11.2006	Gunnar Örn Arnarson	NJD	00:34.39 27.1.2006
100 Brínga	Gunnar Örn Arnarson	NJD	01:10.50 17.11.2006	Gunnar Örn Arnarson	NJD	01:13.52 17.3.2006
200 Brínga	Gunnar Örn Arnarson	NJD	02:27.70 17.11.2006	Gunnar Örn Arnarson	NJD	02:40.28 18.3.2005
25 Flúg	Fannar Snaevær Hauksson	NJD	00:13.17 29.11.2018	Fannar Snaevær Hauksson	NJD	00:28.13 22.04.2018
50 Flúg	Fannar Snaevær Hauksson	NJD	00:27.31 11/1/2018	Fannar Snaevær Hauksson	NJD	01:07.37 13.05.2018
100 Flúg	Fannar Snaevær Hauksson	NJD	01:00.32 11/1/2018	Gunnar Örn Arnarson	NJD	02:39.64 17.2.2006
200 Flúg	Gunnar Örn Arnarson	NJD	02:27.85 22.6.2006			
100 Fjór	Denas Kazulis	NJD	01:04.06 15.04.2023	Gunnar Örn Arnarson	NJD	02:26.23 30.06.06
200 Fjór	Gunnar Örn Arnarson	NJD	02:17.78 17.11.2006	Gunnar Örn Arnarson	NJD	05:19.44 17.2.2008
400 Fjór	Gunnar Örn Arnarson	NJD	04:51.31 17.11.2006			
Sveinar (11 & 12)						
25 Skríð	Fannar Snaevær Hauksson	NJD	00:14.55 30.11.2016	Denas Kazulis	NJD	00:30.57 2/29/2020
50 Skríð	Denas Kazulis	NJD	00:28.99 9/19/2020	Denas Kazulis	NJD	01:06.61 2/15/2020
100 Skríð	Guðmundur Óskar Unnarsson	NJD	01:03.31 1995	Denas Kazulis	NJD	02:34.84 09.02.2019
200 Skríð	Denas Kazulis	NJD	02:18.74 9/19/2020	Siomar Marjón Friðriksson	NJD	05:28.24 1.3.2013
400 Skríð	Denas Kazulis	NJD	04:52.56 3.7.2020	Siomar Marjón Friðriksson	NJD	11:21.81 20.4.2013
800 Skríð	Gunnar Örn Arnarson	NJD	10:10.41 5.11.2004	Siomar Marjón Friðriksson	NJD	21:50.66 20.4.2013
1500 Skríð	Gunnar Örn Arnarson	NJD	19:04.91 5.11.2004			
25 Bak	Fannar Snaevær Hauksson	NJD	00:16.65 30.11.2016	Gisli Kristján Traustason	NJD	00:36.64 16.12.2021
50 Bak	Fannar Snaevær Hauksson	NJD	00:33.83 11/5/2016	Denas Kazulis	NJD	01:19.21 2/15/2020
100 Bak	Fannar Snaevær Hauksson	NJD	01:11.63 30.10.2016	Denas Kazulis	NJD	02:47.95 2/16/2020
200 Bak	Fannar Snaevær Hauksson	NJD	02:34.66 05.11.2016			
25 Brínga	Kári Snaer Halldórsson	NJD	00:19.05 30.11.2016	Denas Kazulis	NJD	00:42.95 2/15/2020
50 Brínga	Gunnar Örn Arnarson	NJD	00:37.00 2.10.2004	Gunnar Örn Arnarson	NJD	01:02.44 1.5.2004
100 Brínga	Gunnar Örn Arnarson	NJD	01:17.52 25.6.2004	Siomar Marjón Friðriksson	NJD	03:10.77 14.12.2013
200 Brínga	Gunnar Örn Arnarson	NJD	02:43.38 20.11.2004			
25 Flúg	Fannar Snaevær Hauksson	NJD	00:15.40 30.11.2016	Gisli Kristján Traustason	NJD	00:33.05 16.12.2021
50 Flúg	Guðmundur Óskar Unnarsson	NJD	00:30.24 1995	Denas Kazulis	NJD	01:19.37 2/16/2020
100 Flúg	Guðmundur Óskar Unnarsson	NJD	01:13.33 1995	Denas Kazulis	NJD	02:54.09 3/1/2020
200 Flúg	Hermann Raagnar Unnarsson	NJD	02:43.27 17.10.1998			
100 Fjór	Gunnar Örn Arnarson	NJD	01:13.67 2.10.2004	Denas Kazulis	NJD	02:45.91 3/1/2020
200 Fjór	Gunnar Örn Arnarson	NJD	02:34.83 19.11.2004	Fannar Snaevær Hauksson	NJD	05:52.58 15.12.2016
400 Fjór	Fannar Snaevær Hauksson	NJD	05:45.68 14.12.2016			
Hnökkar (9 & 10)						
25 Skríð	Denas Kazulis	NJD	00:15.14 29.11.2018	Denas Kazulis	NJD	00:32.52 18.12.2018
50 Skríð	Denas Kazulis	NJD	00:31.85 27.10.2018	Denas Kazulis	NJD	01:11.67 18.12.2018
100 Skríð	Denas Kazulis	NJD	01:14.60 24.11.2018	Denas Kazulis	NJD	02:51.14 3.3.2018
200 Skríð	Denas Kazulis	NJD	02:35.07 24.11.2018	Denas Kazulis	NJD	05:50.96 4.3.2018
400 Skríð	Denas Kazulis	NJD	05:33.79 22.06.2018	Fannar Snaevær Hauksson	NJD	13:50.43 12.7.2014
800 Skríð	Denas Kazulis	NJD	11:46.83 24.06.2018			
1500 Skríð	Kári Snaer Halldórsson	NJD	24:00.80 5.12.2014			
25 Bak	Denas Kazulis	NJD	00:18.39 29.11.2018	Denas Kazulis	NJD	00:41.94 10.2.2018
50 Bak	Fannar Snaevær Hauksson	NJD	00:39.43 5.12.2014	Fannar Snaevær Hauksson	NJD	01:29.85 1.11.2014
100 Bak	Denas Kazulis	NJD	01:25.47 24.11.2018	Fannar Snaevær Hauksson	NJD	03:15.52 6.12.2014
200 Bak	Denas Kazulis	NJD	02:55.37 27.10.2018			
25 Brínga	Kári Snaer Halldórsson	NJD	00:21.08 9.12.2014	Kári Snaer Halldórsson	NJD	00:45.90 6.12.2014
50 Brínga	Jón Oddur Siourðsson	NJD	00:43.32 3.2 1994	Kári Snaer Halldórsson	NJD	01:37.88 6.12.2014
100 Brínga	Gunnar Örn Arnarson	NJD	01:34.81 30.11.2002	Denas Kazulis	NJD	03:35.27 3.3.2018
200 Brínga	Kári Snaer Halldórsson	NJD	03:24.36 5.12.2014			
25 Flúg	Denas Kazulis	NJD	00:17.89 28.11.2018	Denas Kazulis	NJD	00:41.08 10.2.2018
50 Flúg	Denas Kazulis	NJD	00:40.24 27.10.2018	Denas Kazulis	NJD	01:35.49 11.2.2018
100 Flúg	Jóhann Arnason	NJD	01:28.67 24.10.1995	Fannar Snaevær Hauksson	NJD	03:53.58 28.2.2014
200 Flúg	Denas Kazulis	NJD	03:31.20 03.02.2018			
100 Fjór	Denas Kazulis	NJD	01:24.36 24.06.2018	Denas Kazulis	NJD	03:13.05 3/4/2108
200 Fjór	Denas Kazulis	NJD	02:58.48 24.11.2018	Kári Snaer Halldórsson	NJD	06:47.19 17.12.2014
400 Fjór	Kári Snaer Halldórsson	NJD	07:17.49 10.5.2014			
Snaðar (8 & U)						
25 Skríð	Denas Kazulis	NJD	00:18.62 30.11.2016	Denas Kazulis	NJD	00:46.52 14.02.2016
50 Skríð	Denas Kazulis	NJD	00:41.98 05.11.2016	Denas Kazulis	NJD	01:46.87 14.02.2016
100 Skríð	Denas Kazulis	NJD	01:39.22 26.11.2016	Denas Kazulis	NJD	03:24.97 15.12.2016
200 Skríð	Denas Kazulis	NJD	03:28.44 27.11.2016	Guðmundur Leo Rafnsson	NJD	08:18.11 17.12.2014
400 Skríð	Denas Kazulis	NJD	06:58.18 14.12.2016			
800 Skríð						
1500 Skríð						
25 Bak	Denas Kazulis	NJD	00:22.35 30.11.2016	Fannar Snaevær Hauksson	NJD	00:52.96 22.12.2012
50 Bak	Denas Kazulis	NJD	00:50.37 05.11.2016	Fannar Snaevær Hauksson	NJD	01:55.94 22.12.2012
100 Bak	Denas Kazulis	NJD	01:56.57 07.05.2016	Guðmundur Leo Rafnsson	NJD	03:56.76 6.12.2014
200 Bak	Denas Kazulis	NJD	03:48.54 14.12.2016			
25 Brínga	Denas Kazulis	NJD	00:25.12 30.11.2016	Denas Kazulis	NJD	00:53.51 15.12.2016
50 Brínga	Denas Kazulis	NJD	00:56.39 27.11.2016	Denas Kazulis	NJD	01:55.31 15.12.2016
100 Brínga	Denas Kazulis	NJD	01:58.70 27.11.2016	Halsteinn Emission	NJD	04:57.23 6.12.2014
200 Brínga	Denas Kazulis	NJD	04:06.90 05.11.2016			
25 Flúg	Denas Kazulis	NJD	00:23.07 30.11.2016			
50 Flúg	Denas Kazulis	NJD	00:54.11 27.11.2016			
100 Flúg						
200 Flúg	Denas Kazulis	NJD	01:47.31 05.11.2016			
100 Fjór	Denas Kazulis	NJD	03:55.05 05.11.2016			
200 Fjór						
400 Fjór						

Íslands Met
IRB Met
2015+
2014
2013
2000-2009
1999